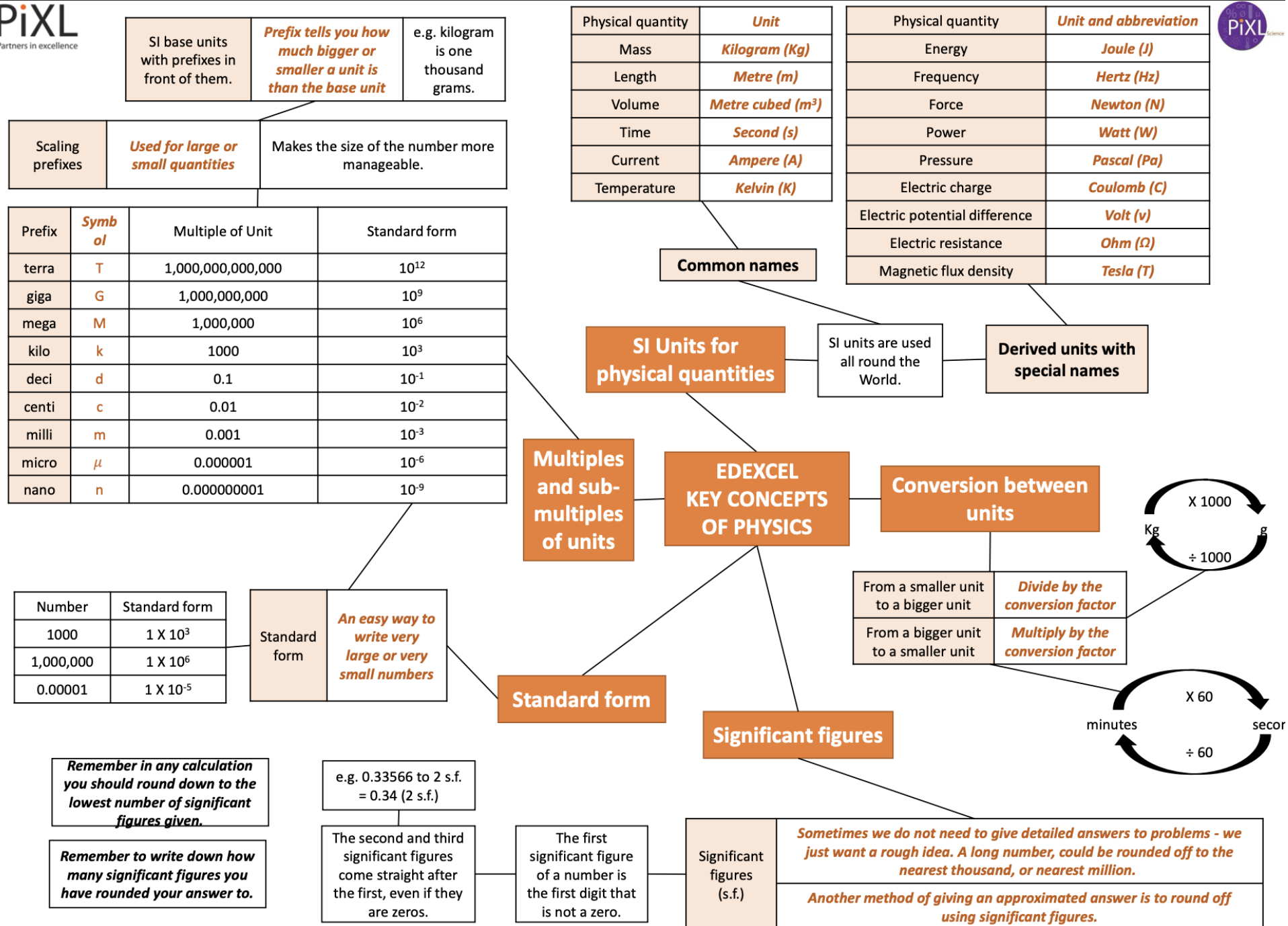




Wind	5 – 20 m/s
------	------------

Car in town	13m/s
Car on motorway	31m/s
Train	55m/s
Sound in air	340m/s

Walking	1.4m/s
Running	3m/s
Cycling	5.5m/s

Speed is rarely constant.

$$s = d \div t$$

Average speed = distance $\div$ time

Speed	How fast an object moves	The speed of a car is 30m/s. A car moves forward with a velocity of 30m/s.
Velocity	Speed + direction	
Distance	How far	The table is 1m long.
Displacement	Distance + direction	The beach is 1km due east of the town.

Scalar	A quantity that only has magnitude (size)	e.g. mass, time, speed, temperature, energy, distance.
Vector	A quantity that only has magnitude and direction	e.g. force, velocity, momentum, displacement, acceleration, weight.

Scalar and vector quantities

Describing Motion

Measuring Motion

EDEXCEL TOPIC 2 - MOTION AND FORCES (part 1)

Motion Graphs

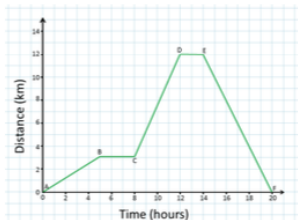
Core Practical

Determine the speed of objects

Using light gates

Acceleration in free fall = 10m/s²

Speed	Metre/second (m/s)
Distance	Metre (m)
Time	Second (s)
Current	Ampere (A)
Temperature	Kelvin (K)
Acceleration	Metres/second squared (m/s²)
Velocity	Metre/second (m/s)



Distance-time graphs

Distance-time graph	Shows how far an object moves along a straight line
Speed of object	Use the gradient of graph
Object stopped	Graph line flat
Object going faster	Graph line steeper
Object accelerating	Graph line curves

Calculating speed from d-t graph	If the graph is a straight line, the speed along the line is equal to the gradient of the line	Gradient = vertical $\div$ horizontal
	If the graph is a curve, the speed is found by drawing a tangent to the curve and then the gradient of the tangent	

Calculate acceleration

Use the gradient
gradient = vertical $\div$ horizontal

Calculating distance travelled from v-t graph

The area under a section of the graph is equal to the distance travelled in that time
If the acceleration is constant, the area can be split into a rectangle or a triangle

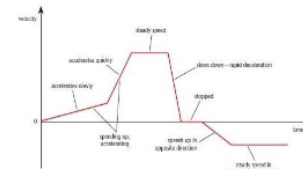
Distance = Speed X time

Area of rectangle = base X height
Area of triangle = $\frac{1}{2}$ base X height

Acceleration is negative, object is decelerating
Acceleration is positive, object is accelerating

Acceleration = (final velocity – initial velocity) $\div$ time taken
How quickly an object speeds up
The change in velocity in a certain amount of time

$v^2 - u^2 = 2 \times a \times x$
(final velocity squared – initial velocity squared) = 2 X acceleration X distance $\div$ time taken
Uniform acceleration
Acceleration due to gravity is constant for objects in free fall
Constant acceleration
Estimating Acceleration
Estimate how long it takes the object to stop and then use the acceleration equation



Velocity-time graphs

Velocity-time graph	Shows how fast an object moves
Gradient of graph	Object accelerating
Graph line flat	Object has constant / steady speed
Graph line steeper	Object has greater acceleration
Positive diagonal line	Object is accelerating at a constant rate
Negative diagonal line	Object is decelerating at a constant rate
Graph line curves	Object is changing acceleration

Each Kg has a gravitational pull of 9.8N.

Gravitational field strength Gravity exerted around an object. Earth's gfs = 9.8N/kg.

$$W = m \times g$$

Weight = mass X gravitational field strength

Weight	Force acting upon an object due to gravity	Newton (N)
Mass	How much matter	Kilograms (Kg)

Core Practical

Investigate force, mass and acceleration

Acceleration is proportional to resultant force.

Acceleration is inversely proportional to mass.

Vary mass added to trolley.

Frictional forces decelerate a moving object and bring it to rest.

Force = mass X acceleration.

$$F = m \times a$$

Conservation of momentum

When two objects collide, the momentum they have before the collision = the momentum they have after the collision

Closed system = no external forces acting on it.

$$F = (mv - mu) \div t$$

Force = change in momentum ÷ time.

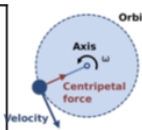
Momentum = mass X velocity

$$p = m \times v$$

Crumple zones

Changes in momentum Force is applied to stop momentum

If momentum changes slowly, the force applied is small so less damage.



Car travelling around a bend	Constant speed, direction changes.
Satellite orbiting the Earth	Constant speed, direction changes.

There must be a resultant force acting upon the object.

Centripetal force This force acts towards the centre of the circle

Changing velocity Objects in a circular motion, change direction but keep a constant speed

HIGHER ONLY

When objects continue in the same state of motion Speed or direction only changes if a resultant force acts on the object

Inertia

HIGHER ONLY

Newton's Laws and Momentum

Newton's first Law	Balanced forces	When the resultant force on an still object = 0, the object is stationary.
		When the resultant force on a moving object = 0, the object is at a constant speed.
Newton's second Law	Unbalanced forces	When the resultant force is greater than 0, the object accelerates. It could speed up, slow down or change direction.
Newton's third Law	Equal and opposite forces	When two objects interact the forces exerted are equal and in an opposite direction.

Momentum

HIGHER ONLY

Inertial mass	How difficult it is to change the velocity of an object	If the mass is large, to change velocity a big force is needed.
Inertial mass = force ÷ acceleration.		

An object travelling in a circle at a constant speed, is constantly changing direction so it is constantly changing velocity which means it is accelerating.

Force	Push or pull	Stretch, squash, turn.
Contact force	Exerted between two objects when they touch	Friction, air resistance, tension.
Non-contact force	Exerted between two objects without touching	Gravity, electrostatic forces, magnetic forces.

Resultant force

The overall effect of all of the forces acting upon an object

Two forces acting in the same direction are added.

Two forces acting in the opposite direction are taken away.

Forces

EDEXCEL TOPIC 2 - MOTION AND FORCES (part 2)

Contact and Resultant forces

Reactions and stopping

Measuring reaction times How fast someone reacts

Dropping the ruler test or computer based test.

Typical reaction time = 0.2 – 0.6s.

Car's mass ~1000Kg, single decker bus ~10,000Kg, loaded lorry ~30,000Kg

PHYSICS ONLY

Speed increases so does stopping distance.

Speed increases thinking distance also increases at the same rate.

If speed doubles, braking distance increases by a factor of four (2²).

Work done to bring a vehicle to rest = its initial kinetic energy

Vector

An arrow can be used to show vectors

Length of arrow = magnitude of vector

Direction of arrow = direction of vector

Object moves left with a force of 5N.

Free body diagram

Show magnitude and direction of all forces upon an object

Weight	Newton (N)
Mass	Kilograms (kg)
Gravitational field strength	Newton per kilogram (N/kg)
Force	Newton (N)
Acceleration	Kilogram metre per second (Kg m/s)
Momentum	Joules (J)
Velocity	Metre per second (m/s)
Time	Second (s)

Frictional forces decelerate a moving object and bring it to rest.

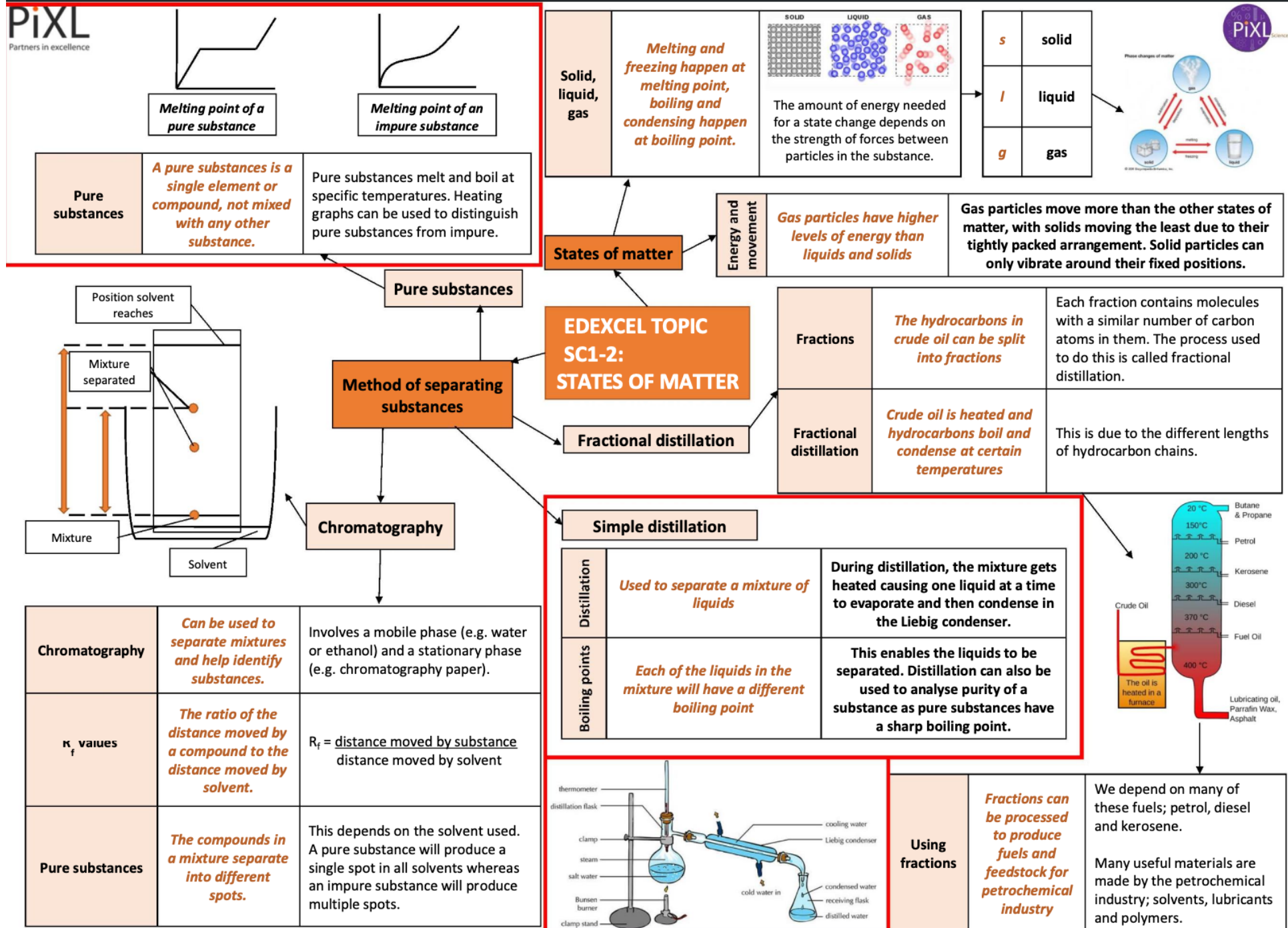
An alert driver has a reaction time of 1s.

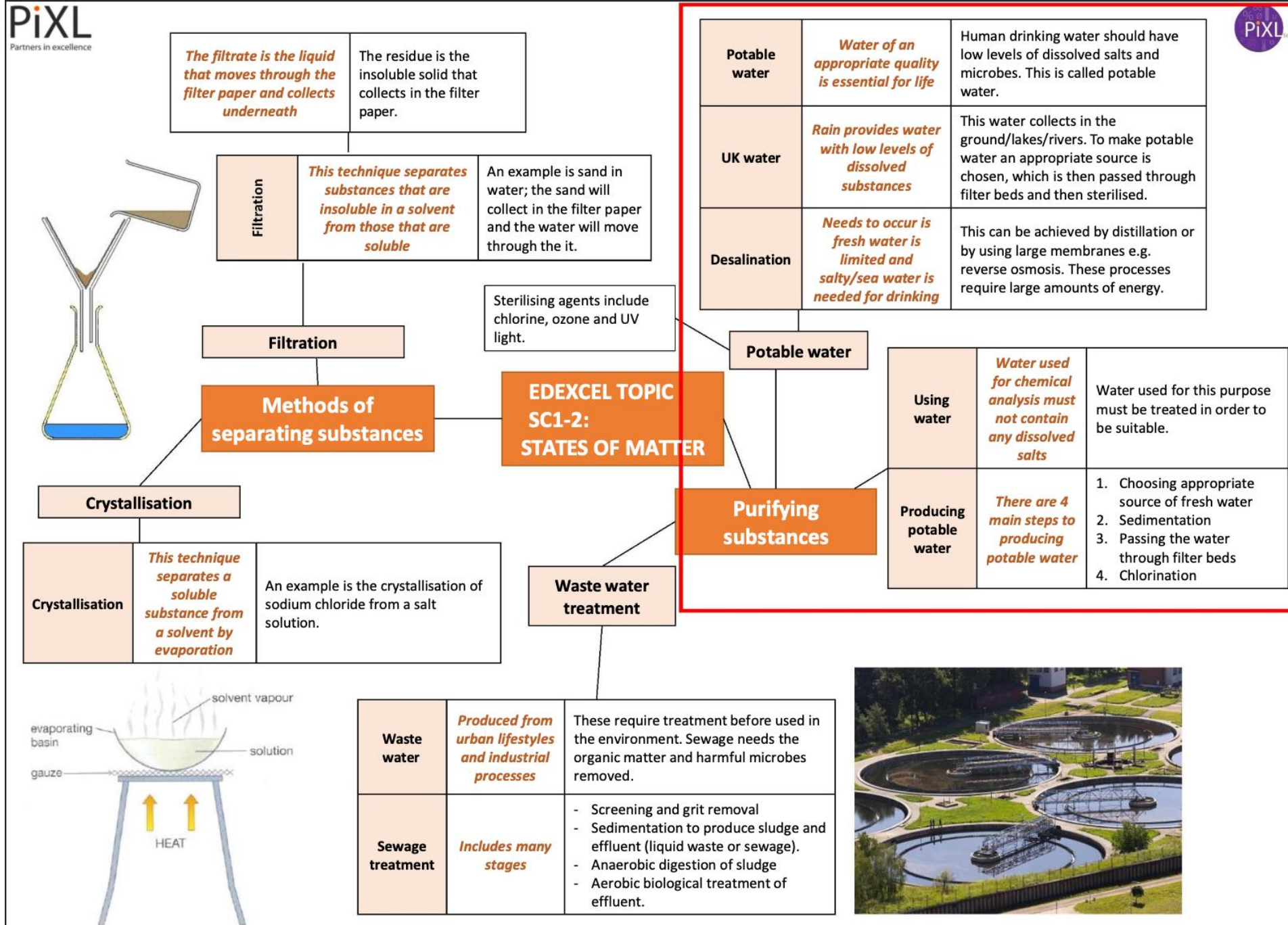
Thinking distance	Distance travelled whilst the driver reacts
Braking distance	Distance travelled whilst the car is stopped by the brakes
Stopping distance	Total thinking and braking distances

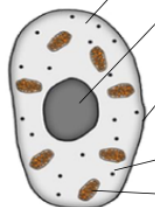
Speed affects both thinking and braking distances.

Factors affecting stopping distances	Drivers reaction times	Drinking alcohol, taking drugs, tired.
	Braking distances	Weather conditions, worn brakes or tyres, road surface, size of braking force.

Braking and kinetic energy	Work done by braking force, reduces kinetic energy	Kinetic energy decreases, temperature of brakes increases due to frictional forces.
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animal cell

cytoplasm	<i>site of chemical reactions in the cell</i>	gel like substance containing enzymes to catalyse the reactions
nucleus	<i>contains genetic material</i>	controls the activities of the cell and codes for proteins
cell membrane	<i>semi permeable</i>	controls the movement of substances in and out of the cell
ribosome	<i>site of protein synthesis</i>	mRNA is translated to an amino acid chain
mitochondrion	<i>site of respiration</i>	where energy is released for the cell to function

Eukaryotes complex organisms

plant cell

contains all the parts of animal cells plus extras

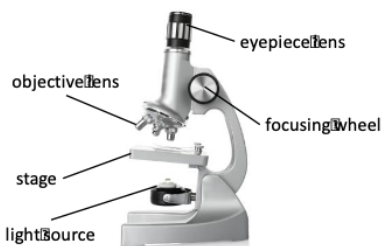


permanent vacuole	<i>contains cell sap</i>	keeps cell turgid, contains sugars and salts in solution
cell wall	<i>made of cellulose</i>	supports and strengthens the cell
chloroplast	<i>site of photosynthesis</i>	contains chlorophyll, absorbs light energy

PREFIXES

Prefix	Multiple	Standard form
centi (cm)	1 cm = 0.01 m	$\times 10^{-2}$
milli (mm)	1 mm = 0.001 m	$\times 10^{-3}$
micro (μm)	1 μ m = 0.000 001 m	$\times 10^{-6}$
nano (nm)	1nm = 0.000 000 001 m	$\times 10^{-9}$
pico (pm)	1pm = 0.000 000 000 001m	$\times 10^{-12}$

decreasing size and scale



Estimates can be useful when you only have a sample of what you are counting
e.g. the number of red blood cells in a blood sample

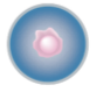
Many of the structures found in cells were not able to be seen before the development of electron microscopes e.g. ribosomes

Microscopy

$$\text{magnification} = \frac{\text{size of image}}{\text{size of the object}}$$

Edexcel GCSE Biology Key Concepts Part 1

Specialised cells

egg		<i>fertilised by a sperm</i>	nutrients in the cytoplasm, haploid nucleus and changes in the cell membrane after fertilisation
sperm		<i>fertilise an egg</i>	streamlined with a long tail acrosome containing enzymes large number of mitochondria, haploid nucleus
Ciliated epithelial cell		<i>push and move mucus</i>	Thin layer of moving hairs on the surface of the cells called cilia.



cell membrane	<i>site of chemical reactions in the cell</i>	gel like substance containing enzymes to catalyse the reactions
bacterial DNA	<i>not in nucleus floats in the cytoplasm</i>	controls the function of the cell. Can be found as chromosomal DNA and plasmid DNA (small rings).
cell wall	<i>NOT made of cellulose</i>	supports and strengthens the cell
cytoplasm	<i>semi permeable</i>	controls the movement of substances in and out of the cell
flagella	<i>whip like tail</i>	allows the bacterial cell to move
ribosome	<i>site of protein synthesis</i>	mRNA is translated to an amino acid chain

Bacterial cells are much smaller than plant and animal cells

Prokaryotes simpler organisms

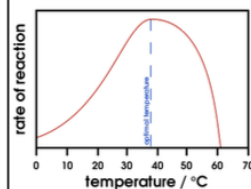
Feature	Light (optical) microscope	Electron microscope
Radiation used	Light rays	Electron beams
Max magnification	~ 1500 times	~ 2 000 000 times
Resolution	200nm	0.2nm
Size of microscope	Small and portable	Very large and not portable
Cost	~£100 for a school one	Several £100,000 to £1 million plus

Enzymes catalyse (increase the rate of) specific reactions in living organisms.

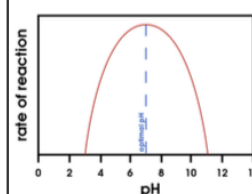
The rate of a reaction can be measured by how fast reactants are used up or by how fast products are formed.

The activity of enzymes is affected by changes in temperature, pH and substrate concentration

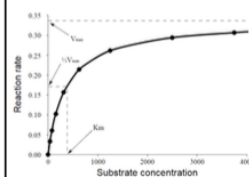
Enzymes activity has an optimum temperature



Enzyme activity has an optimum pH



Increasing substrate concentration increases rate (limited by number of active sites)



The 'lock and key theory' is a simplified model to explain enzyme action



Enzymes catalyse specific reactions in living organisms due to the shape of their active site.

Enzymes

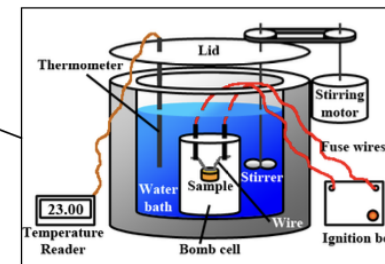
Edexcel GCSE Biology Key Concepts Part 2

Calorimetry

Calculate percentage gain/loss of mass in osmosis.

Osmosis

The energy in food can be calculated by how much it heats up water when it burns in a calorimeter.



$$\% \text{ change in mass} = \frac{(\text{final mass} - \text{initial mass})}{\text{initial mass}} \times 100$$

The greater the difference in concentrations the faster the rate of diffusion.

Transport in cells

Digestive enzymes speed up the conversion of large insoluble molecules (food) into small soluble molecules that can be absorbed into the bloodstream.

Large changes in temperature or pH can stop the enzyme from working (denature).

Temperature too high

pH too high or too low

Enzyme changes shape (denatures) the substrate no longer fits the active site.

Carbohydrases (e.g. amylase)		Made in salivary glands, pancreas, small intestine	Break down carbohydrates to simple sugar (e.g. amylase breaks down starch to glucose).
Proteases		Made in stomach, pancreas	Break down protein to amino acids.
Lipases		Made in pancreas (works in small intestine)	Break down lipids (fats) to glycerol and fatty acids.

The products of digestion are used to build new carbohydrates, lipids and proteins. Some glucose is used for respiration.

Diffusion <u>No</u> energy required	Movement of particles in a solution or gas from a higher to a lower concentration	E.g. O ₂ and CO ₂ in gas exchange, urea in kidneys. Factors that affect the rate are concentration, temperature and surface area.
Osmosis <u>No</u> energy required	Movement of water from a dilute solution to a more concentrated solution	E.g. Plants absorb water from the soil by osmosis through their root hair cells. Plants use water for several vital processes including photosynthesis and transporting minerals.
Active transport <u>ENERGY</u> required	Movement of particles from a dilute solution to a more concentrated solution	E.g. movement of mineral ions into roots of plants and the movement of glucose into the small intestines.

Half Term 5&6

1	2											3	4	5	6	7	0	
		1 H hydrogen 1																4 He helium 2
7 Li lithium 3	9 Be beryllium 4											11 B boron 5	12 C carbon 6	14 N nitrogen 7	16 O oxygen 8	19 F fluorine 9	20 Ne neon 10	
23 Na sodium 11	24 Mg magnesium 12											27 Al aluminium 13	28 Si silicon 14	31 P phosphorus 15	32 S sulfur 16	35.5 Cl chlorine 17	40 Ar argon 18	
39 K potassium 19	40 Ca calcium 20	45 Sc scandium 21	48 Ti titanium 22	51 V vanadium 23	52 Cr chromium 24	55 Mn manganese 25	56 Fe iron 26	59 Co cobalt 27	59 Ni nickel 28	63.5 Cu copper 29	65 Zn zinc 30	70 Ga gallium 31	73 Ge germanium 32	75 As arsenic 33	79 Se selenium 34	80 Br bromine 35	84 Kr krypton 36	
85 Rb rubidium 37	88 Sr strontium 38	89 Y yttrium 39	91 Zr zirconium 40	93 Nb niobium 41	96 Mo molybdenum 42	[98] Tc technetium 43	101 Ru ruthenium 44	103 Rh rhodium 45	106 Pd palladium 46	108 Ag silver 47	112 Cd cadmium 48	115 In indium 49	119 Sn tin 50	122 Sb antimony 51	128 Te tellurium 52	127 I iodine 53	131 Xe xenon 54	
133 Cs caesium 55	137 Ba barium 56	139 La* lanthanum 57	178 Hf hafnium 72	181 Ta tantalum 73	184 W tungsten 74	186 Re rhenium 75	190 Os osmium 76	192 Ir iridium 77	195 Pt platinum 78	197 Au gold 79	201 Hg mercury 80	204 Tl thallium 81	207 Pb lead 82	209 Bi bismuth 83	[209] Po polonium 84	[210] At astatine 85	[222] Rn radon 86	
[223] Fr francium 87	[226] Ra radium 88	[227] Ac* actinium 89	[261] Rf rutherfordium 104	[262] Db dubnium 105	[266] Sg seaborgium 106	[264] Bh bohrium 107	[277] Hs hassium 108	[268] Mt meitnerium 109	[271] Ds darmstadtium 110	[272] Rg roentgenium 111	[285] Cn copernicium 112	[286] Nh nihonium 113	[289] Fl flerovium 114	[289] Mc moscovium 115	[293] Lv livermorium 116	[294] Ts tennessine 117	[294] Og oganesson 118	

Central nucleus	Contains protons and neutrons
Electron shells	Contains electrons

Electronic shell	Max number of electrons
1	2
2	8
3	8
4	2

The model of the atom

Edexcel Topic
SC3-4
Atomic Structure

James Chadwick	<i>Provided the evidence to show the existence of neutrons within the nucleus</i>
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Elements arranged in order of atomic number

Elements with similar properties are in columns called groups

Elements in the same group have the same number of outer shell electrons and elements in the same period (row) have the same number of electron shells.

Subatomic particles; masses, charges and numbers

The periodic table

Metals	<i>To the left of the Periodic table</i>
Non metals	<i>To the right of the Periodic table</i>

Form positive ions.
Conductors, high
melting and boiling
points, ductile,
malleable.

Form negative ions. Insulators, low melting and boiling points.

**Before discovery
of protons,
neutrons and
electrons**

**Elements
arranged in order
of atomic weight**

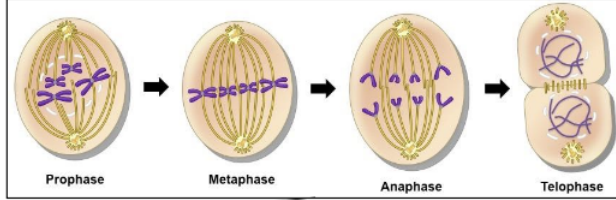
Early periodic tables were incomplete, some elements were placed in inappropriate groups if the strict order atomic weights was followed.

Left gaps for elements that hadn't been discovered yet

Mendelev

Elements with properties predicted by Mendeleev were discovered and filled in the gaps. Knowledge of isotopes explained why order based on atomic weights was not always correct.

1	2	Non metals To the right of the Periodic table Form negative ions. Insulators, low melting and boiling points.										3	4	5	6	7	0				
H																					He
Li	Be																				
Na	Mg																				
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr				
Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe				
Cs	Ba	La	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn				
Fr	Ra	Ac	Rf	Db	Sg	Bh	Hs	Mt	?	?	?										



Mitosis occurs during growth, repair, replacement of cells.
Asexual reproduction occurs by mitosis in both plants
& simple animals producing genetically identical clones.

MITOSIS produces two
genetically identical DIPLOID
CELLS

Stage 1	Interphase (not part of mitosis)	Before mitosis: Increase the number of sub-cellular structures e.g. ribosomes, mitochondria. DNA replication makes copies of chromosomes.
Stage 2	Prophase	Nucleus breaks down and spindle fibres appear.
Stage 3	Metaphase	Chromosomes are lined up on spindle fibres on the equator (middle) of the cell.
Stage 4	Anaphase	Chromosome copies are separated and pulled to opposite ends of the cell.
Stage 5	Telophase	A new nuclear membrane forms around each set of chromosomes.
Stage 6	Cytokinesis	Cell surface membrane forms to separate the cells (+new cell wall in plants).

Cells divide in a series of stages to produce two daughter cells, each with identical set of chromosomes to the parent cell (in the nucleus).

MITOSIS is part
of THE CELL
CYCLE

Cancer

The result of changes
in DNA that lead to
uncontrolled growth
and division

Growth in
organisms

Growth in plants

Cell division and differentiation,
elongation (cells increase in
length)

Growth in
animals

Cell division and differentiation.

Cell division
and growth

Edexcel GCSE
Biology Cells and
Control Part 1

Percentile charts can
be used to monitor
growth

The 50th percentile (bold line) is
the median (average) growth of
the population at that age. Half
will be below and half above.

how a cell changes and becomes **specialised** so that
different cells can carry out different functions.

Cell differentiation

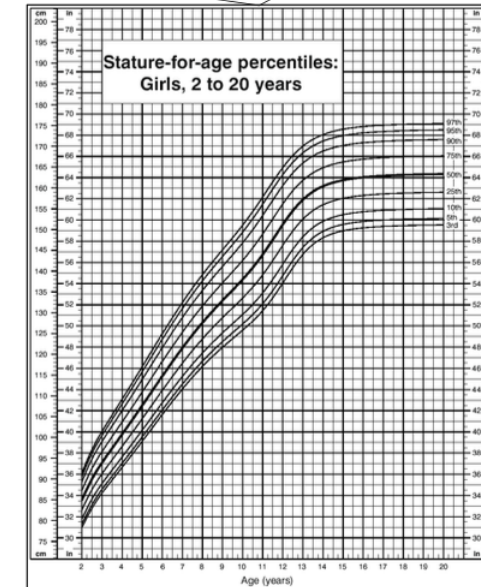
Divides to form more cells of the
same type, and can differentiate
to form many other cell types.

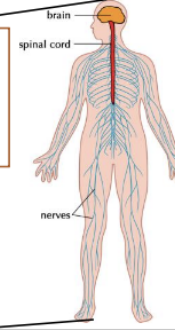
Undifferentiated cell of
an organism

STEM CELLS

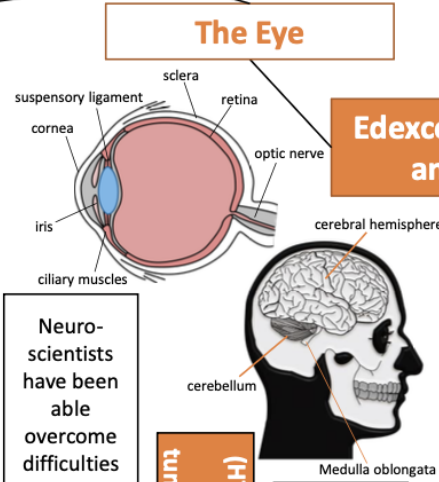
Human Embryonic stem cells	Can be cloned and made to differentiate into any cell type	Therapeutic cloning of stem cells to produce new tissue uses same genes so the body does not reject the tissue. Can be a risk of infection
Adult stem cells	Can form into surrounding human cells e.g. blood cells	Tissue made from adult stem cells is matched to avoid rejection, risk of infection. Only a few types of cells can be formed.
Meristems (plants)	Can differentiate into any plant cell type throughout the life of the plant.	Used to produce clones quickly and economically, e.g. rare species, crop plants with pest /disease resistance

Treatment with stem cells may be able to help conditions such as diabetes and paralysis. Some people object to the use of stem cells on ethical or religious grounds





Structures of the eye	Retina	Light sensitive cell layer made of rod (light intensity) and cone (red, green, blue colour perception) cells.
	Optic nerve	Carries impulse to brain.
	Cornea	Transparent layer that covers the pupil and iris.
	Iris	Controls size of pupil and the amount of light let in the eyes
	Lens	Changes thickness to refract and focus light onto the retina.



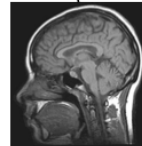
Edexcel GCSE Biology Cells and Control Part 2

Structure and functions	Sensory receptor	Detect stimuli e.g. Pressure cells in skin
	Sensory neurone	Long axon carries impulse from receptor to spinal cord.
	Synapse	Gap where neurones meet. Chemical message using neurotransmitter.
	Relay neurone in CNS	Allows impulses to travel between sensory and motor neurones in the spinal cord.
	Motor neurone	Long axon carries impulse from receptor to effector.
	Effector	Muscle or gland that carries out response.

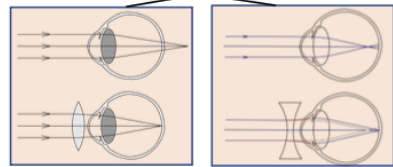
The Brain
The brain controls complex behaviour. It is made of billions of interconnected neurones.

(HT) The complexity and delicacy of the brain makes treating brain tumours/spinal injuries very difficult

Neuro-scientists have been able to overcome difficulties of accessing brain tissue in the skull using CT and PET scanning



Hyperopia (long sightedness)	Myopia (short sightedness)
Lens can not be made thick enough. Treated using a convex lens so the light is focused on the retina.	Lens too thick. Treated using a concave lens so light is focused on the retina.

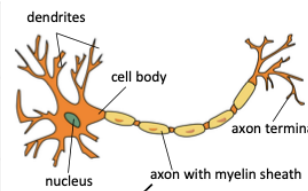


Colour blindness is when cones in the retina do not work properly and some colours cannot be detected.

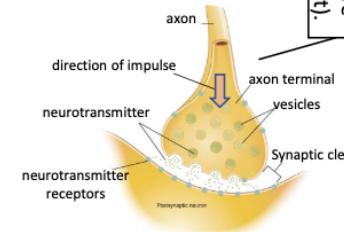
Cataracts are caused by protein build up in the lens blocking light entering the eye. They can be removed with surgery and an artificial lens inserted.

The brain has different regions that carry out different functions.	Cerebral hemispheres	Largest part of the human brain. Higher thinking skills e.g. speech, decision making.
	Cerebellum	Balance and voluntary muscle function e.g. walking, lifting.
	Medulla oblongata	Involuntary (automatic) body functions e.g. breathing, heart rate.

Neurone structure	Axon	Carries electrical impulse to axon terminals.
	Dendron	Carries electrical impulse from receptor cells in sensory neurones.
	Myelin sheath	Insulates the electrical impulse in the neurone.



Typical motor neurone



Synapse (gap where two neurones meet).

Information from receptors passes along cells (neurones) as electrical impulses to the central nervous system (CNS)

The CNS is the brain and the spinal cord.

Reflex actions are automatic and rapid; they do not involve the conscious part of the brain and can protect humans from harm.

Stimulus ↓ Sensory receptor ↓ Relay neurone in CNS ↓ motor neurones ↓ Response	Touch hot object ↓ Cells in skin ↓ CNS ↓ Muscles connected to arm ↓ Hand moves away
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